

Floating down the old Frío River

The experience begins as we navigate the waters of the Frío River giving you the opportunity to observe the biodiversity present in the wetlands, as well as the process that has developed in the protected area between the local inhabitants, the wetlands and the wildlife. As we navigate into the Frío river it is quite easy to spot Howler Monkey (*Alouatta palliata*), caiman (*Caiman crocodilus*), Neotropical Cormoran (*Phalacrocorax brasilianus*), iguanas (*Iguana iguana*) and turtles (*Trachemys sp.*).

Once on the ground the best part of the tour begins as you walk next to the remnants of the flow that once flooded the forests, filled the lagoons and had its course changed by the human actions.

Our journey begins within a complex forest formed by vegetation characteristic of the area such as Kapok (*Ceiba pentandra*), Fig tree (*Ficus spp*), Inga tree (*Inga spp*), Pinkflowered rain tree (*Samanea saman*) and many others, all covered with large amounts of epiphytes such as bromeliads and orchids.

This interesting route may surprise us by giving us the opportunity to observe some rare species like Three-toed Sloth (*Bradypus variegatus*), Collared peccary (*Tayassu tajacu*), White-tailed Deer (*Odocoileus virginianus*), Spider Monkey (*Ateles geoffroyi*), Whitethroated Capuchin Monkey (*Cebus capucinus*), Basilisk (*Basiliscus spp*) and we may be fortunate to see the prints of Tapir (*Tapirus bairdii*) or jaguar (*Panthera onca*) that inhabit this area.

Also this tour is ideal for birdwatching, which will lengthen the travel time, but it can be very rewarding as there is a strong possibility that you could see the Agami Heron (*Agami agamia*), Glossy Ibis (*Plegadis falcinellus*), Green-and-rufous Kingfisher (*Chloroceryle inda*), Orange-billed Sparrow (*Arremon aurantirostris*), Black-crowned Antshrike (*Thamnophilus atrinucha*), Song Wren (*Cyphorhinus phaeocephalus*), Royal Flycatcher (*Onychorhynchus coronatus*), Three-wattled Bellbird (*Procnias tricarunculatus*) and Snowy Cotinga (*Carpodectes nitidus*).

Duration of the tour 6 hours. Does not include entrance to the protected area

